



**MAPLE LEAF INTERNATIONAL SCHOOL**  
**EXTRACURRICULAR ACTIVITIES**  
**PROGRAM 2019– 2020 TERM 1**

DAY(S)	EVENTS	START TIME	END TIME	LOCATION/ ROOM	CONTACT NO. & NAME	COST
<b>MONDAY</b>						
September 3 <sup>rd</sup> Mondays & Wednesdays	<b>Girls Soccer Club</b> Ages 11+ <i>No teacher supervision</i>	3:30	5:00	Benjamin Street Park	Coach Jason Spence 786-1804 <a href="mailto:jasonanthonyspence@gmail.com">jasonanthonyspence@gmail.com</a> <a href="mailto:silkhtchoui@mapleleaf-school.com">silkhtchoui@mapleleaf-school.com</a>	<b>\$1000</b> per term
Starting September 9 <sup>th</sup> Mondays & Tuesdays	<b>Model UN Team</b> Gr. 9-12 <i>Teacher supervised</i>	2:00	3:00	Room 304	Grace Cullen <a href="mailto:gcullen@mapleleaf-school.com">gcullen@mapleleaf-school.com</a>	Overseas Conference in November - Cost TBD
Starting September 16 <sup>th</sup>	<b>Chess</b> Ages 6+ <i>No teacher supervision</i>	2:15	3:15	Room 204	Mr. Ryan Harper 730-4019 <a href="mailto:harperchess@gmail.com">harperchess@gmail.com</a>	<b>\$400</b> per term
Starting September 16 <sup>th</sup>	<b>Rhythmika Gymnastics</b> Ages 2 1/2 to Adult <i>No teacher supervision</i>	3:30	6:30	Gym	Ruth de Gannes/Liz Laydoo 372-0042 / 354-9698 <a href="mailto:info@rhythmika.com">info@rhythmika.com</a>	Please contact provider
Starting September 23 <sup>rd</sup>	<b>Yoga</b> Ages 5-10 <i>No teacher supervision</i>	2:15	3:15	Gym	Shana Bhajan 788-1564 <a href="mailto:shana.bhajan@gmail.com">shana.bhajan@gmail.com</a>	<b>\$550</b> per term
Starting October 7 <sup>th</sup>	<b>Yearbook Club</b> Gr. 9-12 <i>Teacher supervised</i>	2:15	3:15	Room 307	Ashley How <a href="mailto:ahow@mapleleaf-school.com">ahow@mapleleaf-school.com</a>	No Fee
<b>TUESDAY</b>						
September 17 <sup>th</sup> - December 3 <sup>rd</sup> 10 sessions	<b>Primary Cooking Club</b> Gr. K – 3 <i>Teacher supervised</i>	2:00	3:30	Room 209	Kasha Aleong 632-9578 <a href="mailto:kashaaleong@mapleleaf-school.com">kashaaleong@mapleleaf-school.com</a>	<b>\$350</b> per term
Starting September 10 <sup>th</sup>	<b>Colouring Club</b> Gr. 4 – 8 <i>Teacher supervised</i>	2:15	3:00	Library	Gena Mohammed <a href="mailto:gmohammed@mapleleaf-school.com">gmohammed@mapleleaf-school.com</a>	No Fee
Starting September 10 <sup>th</sup>	<b>Pan Ensemble</b> Gr. 6 - 12 <i>Teacher supervised</i>	2:15	3:15	Music Room	Michelle Nicholas <a href="mailto:mnicholas@mapleleaf-school.com">mnicholas@mapleleaf-school.com</a>	No Fee
Starting October 1 <sup>st</sup>	<b>Futsal U11 Boys &amp; Girls</b> Ages 6-11 <i>No teacher supervision</i>	2:15	3:15	Gym	Coach Paul Decle 749-1255 <a href="mailto:admin@proserieevents.com">admin@proserieevents.com</a>	<b>\$600</b> per term
Starting September 10 <sup>th</sup> Mondays & Tuesdays	<b>Model UN Team</b> Gr. 9-12 <i>Teacher supervised</i>	2:00	3:00	Room 304	Grace Cullen <a href="mailto:gcullen@mapleleaf-school.com">gcullen@mapleleaf-school.com</a>	Overseas Conference in November Approx. \$12- \$15k
Starting September 10 <sup>th</sup> Tuesdays & Saturdays	<b>Track Club</b> Ages 9+ <i>No teacher supervision</i>	2:30	3:30	Courtyard	Coach Derrick Simon 680-7570 <a href="mailto:oneaweekmultisport@gmail.com">oneaweekmultisport@gmail.com</a> <a href="mailto:snyack@mapleleaf-school.com">snyack@mapleleaf-school.com</a>	<b>\$400</b> per month
Starting September 17 <sup>th</sup>	<b>Rhythmika Gymnastics</b> Ages 2 1/2 to Adult <i>No teacher supervision</i>	3:30	5:30	Gym	Ruth de Gannes/Elizabeth Laydoo 372-0042 / 354-9698 <a href="mailto:info@rhythmika.com">info@rhythmika.com</a>	Please contact provider
<b>WEDNESDAY</b>						
Starting September 11 <sup>th</sup>	<b>Hockey</b> JK to Gr. 6 <i>No teacher supervision</i>	2:15	3:15	Gym	Amanda George 305-4240 <a href="mailto:coachgeorge25@gmail.com">coachgeorge25@gmail.com</a>	<b>\$400</b> per term
Starting September 18 <sup>th</sup>	<b>Rhythmika Gymnastics</b> Ages 2 1/2 to Adult <i>No teacher supervision</i>	3:30	6:30	Gym	Ruth de Gannes/Elizabeth Laydoo 372-0042 / 354-9698 <a href="mailto:info@rhythmika.com">info@rhythmika.com</a>	Please contact provider
Starting 3 <sup>rd</sup> Mondays & Wednesdays	<b>Girls Soccer Club</b> <i>No teacher supervision</i>	3:30	5:00	Benjamin Street Park	Coach Jason Spence 786-1804 <a href="mailto:jasonanthonyspence@gmail.com">jasonanthonyspence@gmail.com</a> <a href="mailto:silkhtchoui@mapleleaf-school.com">silkhtchoui@mapleleaf-school.com</a>	<b>\$1000</b> per term

THURSDAY						
Starting September 5 <sup>th</sup> Thursdays & Saturdays	<b>Volleyball</b> Gr. 7 – 12 <i>Teacher supervised</i>	2:15	3:45	Gym	Jalicia Ross-Kydd 632-9578 <a href="mailto:jrosskydd@mapleleaf-school.com">jrosskydd@mapleleaf-school.com</a>	<b>\$950</b> per year
Starting September 12 <sup>th</sup>	<b>Colouring Club</b> Gr. 9 – 12	2:15	3:00	Library	Gena Mohammed <a href="mailto:gmohammed@mapleleaf-school.com">gmohammed@mapleleaf-school.com</a>	No Fee
Starting September 12 <sup>th</sup>	<b>Robotics</b> Gr. 6-12 <i>Teacher supervised</i>	2:15	4:15	Innovation Studio Room 215	Cathy Sanders <a href="mailto:csanders@mapleleaf-school.com">csanders@mapleleaf-school.com</a> Anya Hadeed <a href="mailto:ahadeed@mapleleaf-school.com">ahadeed@mapleleaf-school.com</a>	<b>\$500</b> per term
FRIDAY						
Starting September 13 <sup>th</sup>	<b>Tae Kwon Do Martial Arts</b> JK – Gr. 12 <i>No teacher supervision</i>	2:15	3:15	Gym	Cheryl Ann Sankar 637-2858/782-3769 <a href="mailto:cherylannsankar@yahoo.com">cherylannsankar@yahoo.com</a>	<b>\$600</b> per term
Starting September 20 <sup>th</sup>	<b>Rhythmika Gymnastics</b> Ages Teen to Adult <i>No teacher supervision</i>	4:00 5:15	5:00 6:15	Gym	Ruth de Gannes / Elizabeth Laydoo 372-0042 / 354-9698 <a href="mailto:info@rhythmika.com">info@rhythmika.com</a>	Please contact provider
SATURDAY						
Starting September 7 <sup>th</sup>	<b>Dragon Boating</b> Gr. 7 – 12 <i>Teacher supervised</i>	7:15	9:00	Chaguaramas	Grace Cullen <a href="mailto:gcullen@mapleleaf-school.com">gcullen@mapleleaf-school.com</a>	<b>\$1500</b> for year Sept. - June
Starting September 7 <sup>th</sup> Thursdays & Saturdays	<b>Volleyball</b> Gr. 7 – 12 <i>Teacher supervised</i>	9:00	12:00	Gym	Jalicia Ross-Kydd 632-9578 <a href="mailto:jrosskydd@mapleleaf-school.com">jrosskydd@mapleleaf-school.com</a>	<b>\$950</b> per year
Starting September 7 <sup>th</sup>	<b>Basketball</b> <i>No teacher supervision</i>	12:30	2:30	Gym	Garvin Warwick 725-2323 <a href="mailto:spartanstto@gmail.com">spartanstto@gmail.com</a>	Please contact provider
Starting September 14 <sup>th</sup>	<b>The Art Studio</b> <i>No teacher supervision</i>	10:00	12:00	Room 204	Tracy Kaufmann 678-6986 <a href="mailto:tracykaufmann5@gmail.com">tracykaufmann5@gmail.com</a>	Please contact provider
Starting September 14 <sup>th</sup> Tuesdays & Saturdays	<b>Track Club</b> Ages 9+ <i>No teacher supervision</i>	2:30	3:30	Hasely Crawford Stadium/ Jackson Sq.	Coach Derrick Simon 680-7570 <a href="mailto:oneaweekmultisport@gmail.com">oneaweekmultisport@gmail.com</a> <a href="mailto:snyack@mapleleaf-school.com">snyack@mapleleaf-school.com</a>	<b>\$400</b> per month
SUNDAY						
Starting September 8 <sup>th</sup>	<b>Basketball</b> <i>No teacher supervision</i>	10:00	12:00	Gym	Garvin Warwick 725-2323 <a href="mailto:spartanstto@gmail.com">spartanstto@gmail.com</a>	Please contact provider
EXTERNAL PROVIDERS						
<b>GIANT'S Multi Sport Club (mountain biking, road biking, triathlons)</b> - Contact Coach Angelo Clark 761-3147 Groups are divided by skill level. Start date: September 9th Mondays 5pm to 6:15pm Running in West Moorings Wednesdays 3pm to 4pm Group 1 – MTB, Bamboo Cathedral, Tucker Valley Rd, Chaguaramas (max. 10 students) Wednesdays 4pm to 5pm Group 2 - MTB, Bamboo Cathedral, Tucker Valley Rd, Chaguaramas (max. 10 students) Fridays 5pm to 6:15pm Running in the Savannah Saturdays 2pm to 3pm Group 1 - MTB, Bamboo Cathedral, Tucker Valley Rd, Chaguaramas (max. 10 students) Saturdays 3pm to 4pm Group 2 - MTB, Bamboo Cathedral, Tucker Valley Rd, Chaguaramas (max. 10 students) Sundays 6:30am to 8am Road riding, Diego Martin Highway (closed off to vehicles every Sunday morning) Fees: 1 Ride/Run Day per week \$450 per term, 2 Ride/Run Days per week \$800 per term, Access to all sessions \$600 per month.						
<b>SCUBA</b> for Gr. 8 – 12. PADI Certification Course – Tobago. Contact <a href="mailto:tobagodiveexperience@gmail.com">tobagodiveexperience@gmail.com</a>						
<b>SWIMMING</b> - Contact Simon Sirjoo - 359-5719 <a href="mailto:sio.sirjoo@gmail.com">sio.sirjoo@gmail.com</a> , Location: St. Anthony's College Pool (Marlin's) Schedule for this term: Starts September 9 <sup>th</sup> , 2019 Cost per term: 1 day per week - \$800. 2 days per week- \$1200. Mon & Wed: 1:45pm/2:30pm/3:15pm Tues & Thurs: 2:30pm/3:15pm Anyone interested in TRI and competitive coaching: Mon-Fri 3pm – 4pm Cost - \$50.00 per session.						

**IMPORTANT:** Please note that some extracurricular activities are supervised by Maple Leaf teachers and others are facilitated by independent contractors and have no Maple Leaf teacher supervision. Please contact the external providers directly regarding the specific activity.