

"WHAT'S FOR LUNCH"
Cafeteria Menu for OCTOBER 2018

Student name:.....

Grade:.....

Lunch prices: Small \$25, Large \$30, Fish \$35

Salads must be pre-ordered: Garden Salad \$25 Grilled Chicken Salad \$30 Grilled Fish Salad \$35

	DATE	MENU	Small \$25	Large \$30	Fish \$35
WEEK 1	Mon 1st Oct	Beef <input type="radio"/> or Corn Soup <input type="radio"/>			
	Tues 2nd Oct	Stewed Chicken with Lentil Peas and Yellow Rice <input type="radio"/> or Potato Salad <input type="radio"/>			
	Wed 3rd Oct	Spaghetti & Meatballs			
	Thur 4th Oct	Chicken Alfredo			
	Fri 5th Oct	BBQ Chicken and Fries			

WEEK 2	Wed 10th Oct	Curried Chicken <input type="radio"/> or Beef <input type="radio"/> Potato, Channa, Pumpkin with Rice <input type="radio"/> or Buss up Shot <input type="radio"/>			
	Thurs 11th Oct	Oven Roasted Chicken, Red Beans with Vegetable Rice <input type="radio"/> or Macaroni Salad <input type="radio"/>			
	Fri 12th Oct	Beef Lasagna & Garlic Bread			

WEEK 3	Mon 15th Oct	Italian Baked Chicken, Baked Beans with Spanish Rice <input type="radio"/> or Mashed Potato <input type="radio"/>			
	Tues 16th Oct	Jerk Chicken with Jamaican Rice <input type="radio"/> or Potato Salad <input type="radio"/>			
	Wed 17th Oct	Shepherd's Pie with Garlic Bread			
	Thurs 18th Oct	Wraps or Subs Grilled Chicken <input type="radio"/> Teriyaki Chicken <input type="radio"/> Bourbon Chicken <input type="radio"/> Fish <input type="radio"/>			
	Fri 19th Oct	Chicken Pelau with Coleslaw			

WEEK 4	Mon 22nd Oct	Hamburger <input type="radio"/> or Hotdog <input type="radio"/> with fries			
	Tues 23rd Oct	Stewed Chicken, Callaloo, Macaroni Pie or Vegetable Rice Macaroni Pie <input type="radio"/> or Vegetable Rice <input type="radio"/>			
	Wed 24th Oct	Curried Chicken <input type="radio"/> or Beef <input type="radio"/> Potato, Channa, Pumpkin with Rice <input type="radio"/> or Buss up Shot <input type="radio"/>			
	Thurs 25th Oct	Bake and Shark			
	Fri 26th Oct	Chinese Style Chicken with Fried Rice <input type="radio"/> or Noodles <input type="radio"/>			

WEEK 5	Mon 29th Oct	Spaghetti & Mince Meat			
	Tues 30th Oct	Rotisserie Chicken, Pigeon Peas with Macaroni Salad <input type="radio"/> or Saffron Rice <input type="radio"/>			
	Wed 31st Oct	Fried Chicken and Fries			

TOTAL	Number of lunches			
	Cost			
Payment	Cheque <input type="checkbox"/> Cash <input type="checkbox"/>	<i>Please make cheques payable to 'What's For Lunch'</i>		

For enquiries please contact Mr. Luk Pat 678-8733 or lukpat2004@gmail.com