

"WHAT'S FOR LUNCH"

Cafeteria Menu for November 2018

Student name:.....

Grade:.....

Lunch prices: Small \$25, Large \$30, Fish \$35

Salads must be pre-ordered: Garden Salad \$25 , Grilled Chicken Salad \$30 , Grilled Fish Salad \$35

	DATE	MENU	Small \$25	Large \$30	Fish \$35
WEEK 1	Thurs 1st Nov	Baked Chicken, Red Beans, Mac n Cheese <input type="checkbox"/> or Saffron Rice <input type="checkbox"/>			
	Fri 2nd Nov	Wraps - Grilled Chicken <input type="checkbox"/> , Teriyaki Chicken <input type="checkbox"/> Bourbon Chicken <input type="checkbox"/> , Fish <input type="checkbox"/>			

WEEK 2	Mon 5th Nov	Beef Soup <input type="checkbox"/> or Corn Soup <input type="checkbox"/>			
	Tues 6th Nov	Holiday (No School)			
	Wed 7th Nov	Chicken Alfredo			
	Thurs 8th Nov	Rotisserie Chicken, Black Beans, Potato Balls <input type="checkbox"/> or Spanish Rice <input type="checkbox"/>			
	Fri 9th Nov	Chicken Pelau with Coleslaw			

WEEK 3	Mon 12th Nov	Spaghetti & Meatballs			
	Tues 13th Nov	Stewed Chicken, Lentil Peas, Potato Salad <input type="checkbox"/> or Vegetable Rice <input type="checkbox"/>			
	Wed 14th Nov	Curried Chicken <input type="checkbox"/> or Beef <input type="checkbox"/> , Potato, Channa, Pumpkin with Rice <input type="checkbox"/> or Buss up Shot <input type="checkbox"/>			
	Thurs 15th Nov	BBQ Chicken, Baked Beans, Mashed Potato <input type="checkbox"/> or Veg Rice <input type="checkbox"/>			
	Fri 16th Nov	Fried Chicken & Fries			

WEEK 4	Mon 19th Nov	Hamburger <input type="checkbox"/> or Hotdog <input type="checkbox"/> w/Fries			
	Tues 20th Nov	Jerk Chicken w/ Potato Salad <input type="checkbox"/> or Jamaican Rice <input type="checkbox"/>			
	Wed 21st Nov	Shake n Bake Chicken, Red Beans w/ Macaroni Pie <input type="checkbox"/> or Mashed Potato <input type="checkbox"/>			
	Thurs 22nd Nov	Shepherd's Pie w/Garlic Bread			
	Fri 23rd Nov	Chinese Style Chicken w/Fried Rice <input type="checkbox"/> or Noodles <input type="checkbox"/>			

WEEK 5	Mon 26th Nov	Beef Lasagna w/Garlic Bread <input type="checkbox"/>			
	Tues 27th Nov	Italian Roasted Chicken, Pigeon Peas, Macaroni Salad <input type="checkbox"/> or Saffron Rice <input type="checkbox"/>			
	Wed 28th Nov	Curried Chicken <input type="checkbox"/> or Beef <input type="checkbox"/> , Potato, Channa, Pumpkin with Rice <input type="checkbox"/> or Buss up Shot <input type="checkbox"/>			
	Thurs 29th Nov	Bake & Shark			
	Fri 30th Nov	Fried Chicken & Fries			

TOTAL	Number of lunches			
	Cost			
Payment	Cheque <input type="checkbox"/> Cash <input type="checkbox"/>			
	<i>Please make cheques payable to 'What's For Lunch'</i>			

For enquiries please contact Mr. Luk Pat 678-8733 or lukpat2004@gmail.com