

Cafeteria Menu for September 2018

'What's for Lunch'

Please note that your lunch order **MUST** be made by 10am daily!
For enquiries contact Mr. Luk Pat 678-8733 or lukpat2004@gmail.com

Prices for Lunch:

SMALL - \$25 Fish - \$30 / LARGE - \$30 Fish - \$35

Salads are available daily and must be preordered:

Garden Salad - \$25 • Grilled Chicken Salad - \$30 • Grilled Fish Salad - \$35

Week 1

Monday 3rd September

Beef Lasagna & Garlic Bread

Tuesday 4th September

BBQ Chicken, Baked Beans w/ Mac n Cheese

Wednesday 5th September

Chicken Alfredo

Thursday 6th September

Shake n Bake Chicken, Lentil Peas w/Spanish Rice or
Mashed Potato

Friday 7th September

Fried Chicken & Fries

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Week 2

Monday 10th September

Spaghetti & Mince Meat

Tuesday 11th September

Italian Roasted Chicken, Pigeon Peas w/
Macaroni Pie or Carrot Rice

Wednesday 12th September

Curried Chicken or Beef, Potato, Channa, Pumpkin
w/ Rice or Buss up Shot

Thursday 13th September

Bake & Shark

Friday 14th September

Chinese Style Chicken w/Fried Rice or Chow Mein

Week 3

Monday 17th September

Beef or Corn Soup

Tuesday 18th September

Stewed Chicken, Callaloo, Macaroni Pie or
Saffron Rice

Wednesday 19th September

Wraps/Subs - Grilled Chicken
-Teriyaki Chicken
- Bourbon Chicken
-Fish

Thursday 20th September

Shepherd's Pie w/Garlic Bread

Friday 21st September

Chicken Pelau w/Coleslaw

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Week 4

Tuesday 25th September

Hamburger or Hotdog w/ Fries

Wednesday 26th September

Curried Chicken or Beef, Potato, Channa, Pumpkin
w/ Rice or Buss up Shot

Thursday 27th September

Oven Roasted Chicken, Pigeon Peas w/Potato
Balls or Vegetable Rice

Friday 28th September

Fried Chicken & Fries

Please note that there will be no credit facility unless a prepaid tab is created.

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