

# Cafeteria Menu for September 2018

## 'What's for Lunch'

Please note that your lunch order **MUST** be made by 10am daily!  
For enquiries contact Mr. Luk Pat 678-8733 or lukpat2004@gmail.com

Prices for Lunch:

SMALL - \$25 Fish - \$30 / LARGE - \$30 Fish - \$35

Salads are available daily and must be preordered:

Garden Salad - \$25 • Grilled Chicken Salad - \$30 • Grilled Fish Salad - \$35

### Week 1

#### **Monday 3rd September**

Beef Lasagna & Garlic Bread

#### **Tuesday 4th September**

BBQ Chicken, Baked Beans w/ Mac n Cheese

#### **Wednesday 5th September**

Chicken Alfredo

#### **Thursday 6th September**

Shake n Bake Chicken, Lentil Peas w/Spanish Rice or  
Mashed Potato

#### **Friday 7th September**

Fried Chicken & Fries

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### Week 2

#### **Monday 10th September**

Spaghetti & Mince Meat

#### **Tuesday 11th September**

Italian Roasted Chicken, Pigeon Peas w/  
Macaroni Pie or Carrot Rice

#### **Wednesday 12th September**

Curried Chicken or Beef, Potato, Channa, Pumpkin  
w/ Rice or Buss up Shot

#### **Thursday 13th September**

Bake & Shark

#### **Friday 14th September**

Chinese Style Chicken w/Fried Rice or Chow Mein

### Week 3

#### **Monday 17th September**

Beef or Corn Soup

#### **Tuesday 18th September**

Stewed Chicken, Callaloo, Macaroni Pie or  
Saffron Rice

#### **Wednesday 19th September**

Wraps/Subs - Grilled Chicken  
-Teriyaki Chicken  
- Bourbon Chicken  
-Fish

#### **Thursday 20th September**

Shepherd's Pie w/Garlic Bread

#### **Friday 21st September**

Chicken Pelau w/Coleslaw

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### Week 4

#### **Tuesday 25th September**

Hamburger or Hotdog w/ Fries

#### **Wednesday 26th September**

Curried Chicken or Beef, Potato, Channa, Pumpkin  
w/ Rice or Buss up Shot

#### **Thursday 27th September**

Oven Roasted Chicken, Pigeon Peas w/Potato  
Balls or Vegetable Rice

#### **Friday 28th September**

Fried Chicken & Fries

***Please note that there will be no credit facility unless a prepaid tab is created.***

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