

Cafeteria Menu for October 2017

'What's for Lunch'

Please note that your lunch order **MUST** be made by 10am daily!
For enquiries contact Mr. Luk Pat 678-8733 or lukpat2004@gmail.com

Prices for Lunch:

SMALL - \$25 Fish - \$30 / LARGE - \$30 Fish - \$35

Salads are available daily and must be preordered:

Garden Salad - \$25 • Grilled Chicken Salad - \$30 • Grilled Fish Salad - \$35

Grilled Meat + 1 Side - Chicken \$25, Lamb \$40

Grilled Meat + 2 Sides - Chicken \$35, Lamb \$45

Week 1

Monday 2nd October

Stew Chicken, Lentil Peas,
w/Macaroni Pie or Vegetable Rice

Tuesday 3rd October

Baked Chicken, Red Beans,
w/Potato Salad or Saffron Rice

Wednesday 4th October

Curried Chicken or Beef, Potato, Channa, Pumpkin
w/ Rice or Buss up Shot

Thursday 5th October

Chicken Alfredo

Friday 6th October

Chicken Pelau w/ Coleslaw

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Week 2

Monday 9th October

Beef Soup or Corn Soup

Tuesday 10th October

BBQ Chicken, Stew Pigeon Peas,
w/Fried Rice or Macaroni Salad

Wednesday 11th October

Stew Chicken, Callaloo,
w/Macaroni Pie or Vegetable Rice

Thursday 12th October

Wraps/Subs - Grilled Chicken
- Teriyaki Chicken
- Bourbon Chicken
- Fish

Friday 13th October

Holiday (No School)

Week 3

Monday 16th October

Stew Chicken or Fish, Lentil Peas
w/Dumplings or Rice

Tuesday 17th October

Curried Chicken or Beef, Potato, Channa, Pumpkin
w/ Rice or Buss up Shot

Wednesday 18th October

Holiday (No School)

Thursday 19th October

Shake & Bake Chicken, Stew Pigeon Peas,
w/Fried Rice or Potato Salad

Friday 20th October

Fried Chicken & Fries

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Week 4

Monday 23rd October

Bake & Shark

Tuesday 24th October

Lasagna or Shepherd Pie
w/ Garlic Bread

Wednesday 25th October

Grilled Chicken, Lamb or Fish
w/Potato Salad or Roasted Potatoes

Thursday 26th October

Honey Mustard Chicken, Black Beans,
w/ Potato Salad or Vegetable Rice

Friday 27th October

Chicken Pelau w/ Coleslaw

Please note that there will be no credit facility unless a prepaid tab is created.

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Week 5

Monday 30th October

BBQ Chicken, Baked Beans, Vegetable Rice or
Potato Salad

Tuesday 31st October

Chicken Alfredo

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