



Cafeteria Menu for February 2017

'What's for Lunch'

Please note that your lunch order **MUST** be made by 10am daily!
For enquiries contact Mr. Lukpat 678-8733 or lukpat2004@gmail.com

COMMITTED TO EXCELLENCE

Prices for Lunch:

SMALL - \$22 Fish - \$24 / LARGE - \$28 Fish - \$30

Salads are available daily and must be preordered:

Garden Salad - \$25 • Grilled Chicken Salad - \$30 • Grilled Fish Salad - \$35

Monday 6th February

Jerk Chicken,
w/ Jamaican Rice and Peas or Potato Salad

Tuesday 7th February

Stewed Chicken, Pigeon Peas
w/ Rice

Wednesday 8th February

Curried Chicken or Beef, Potato, Channa, Pumpkin
W/ Rice or Buss up Shot

Thursday 9th February

Shake n Bake Chicken, Red Beans
w/ Potato Balls or Vegetable Rice

Friday 10th February

BBQ Chicken, Red Beans,
w/ Mac & Cheese or Fried Rice

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Monday 13th February

Beef or Corn Soup

Tuesday 14th February

Lasagne (Beef or Chicken)
w/ Garlic Bread

Wednesday 15th January

Curried Chicken or Beef, Potato, Channa, Pumpkin
W/ Rice or Buss up Shot

Thursday 16th January

Rotisserie Chicken, Lentil Peas
w/ Oven Roasted Potatoes or Rice

Friday 17th January

Fried Chicken & Fries

Monday 20th February

Stewed Chicken or Pork, Lentil Peas,
w/ Mixed Rice

Tuesday 21st February

Shepherd's Pie (Beef or Chicken)
w/ Garlic Bread

Wednesday 22nd January

Curried Chicken or Beef, Potato, Channa, Pumpkin
W/ Rice or Buss up Shot

Thursday 23rd January

Italian Baked Chicken, Calaloo
w/ Macaroni Pie or Rice

Friday 24th January

Chicken Pelau w/ Coleslaw

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